



Adult Program Drop-In Clinics FALL 2017



***Beginner Clinic (NTRP 2.5 or total beginner) ask about our 30 for 30** **Res/Non**

| | | |
|-------------------|----------------------|------------|
| Monday, Wednesday | 6:00 p.m.—7:00 p.m. | \$10 /\$15 |
| Friday | 9:30 a.m.—10:30 a.m. | \$10/ \$15 |
| Saturday—Sunday | 8:00 a.m.— 9:00 a.m. | \$10/\$15 |

***Grads Class (NTRP 2.5 players learning strategy and looking to play league)**

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|-------------------|----------------------|-----------|
| Tues, Weds, Thurs | 9:00 a.m.—10:30 a.m. | \$15/\$25 |
| Tues, Weds, Thurs | 6:00 p.m.—7:30 p.m. | \$15/\$25 |
| Saturday | 9:00 a.m.—10:30 a.m. | \$15/\$25 |

***Senior Drop in Clinic (50 + NTRP 3.0 and above)**

| | | |
|---------------|---------------------|-----------|
| Mon, Wed, Fri | 8:00 a.m.—9:30 a.m. | \$15/\$25 |
|---------------|---------------------|-----------|

***Reflex Volley clinic NTRP 3.0 & above fast paced volley drills**

| | | |
|-----------------|---------------------|-----------|
| Saturday-Sunday | 8:00 a.m.—9:00 a.m. | \$10/\$15 |
|-----------------|---------------------|-----------|

***Daily Drop in Clinic (NTRP 3.0 players and above)**

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|-------------------|-----------------------|-----------|
| Mon. through Sun. | 9:00 a.m.—10:30 a.m. | \$15/\$25 |
| Mon, Tues, Thur | 6:00 p.m.—7:30 p.m. | \$15/\$25 |
| Friday | 10:30 a.m.—12:00 a.m. | \$15/\$25 |

90 minutes of intense live ball drills, match play, games, singles & doubles. For intermediate to advanced players.

***Advanced Clinic (NTRP 4.0 and above players) Must be a 4.0 rated player or above!**

| | | |
|------------------|---------------------|-----------|
| Monday | 6:00 p.m.—7:30 p.m. | \$15/\$25 |
| Tues, Thurs, Sun | 10:30 am—12:00 p.m. | \$15/\$25 |

***Adult High Performance(NTRP3.5 and Above Players) Focus on Singles Situations!**

| | | |
|-------------------|----------------------|-----------|
| Monday, Wednesday | 7:30 p.m. -9:00 p.m. | \$25/\$35 |
| Friday | 6:00p.m. - 8:00 p.m. | \$30/\$40 |

***Cardio Tennis NEW Intense drill session, (goal is to keep heart rate in your target zone)**

| | | |
|----------|----------------------|-----------|
| Friday | 12 noon— 1:00 p.m. | \$20/\$30 |
| Saturday | 7:00 a.m.— 8:00 a.m. | \$20/\$30 |

Operated by CJMS Tennis Management

7901 W Washington Ave, Las Vegas, Nv 89128

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